

9,000+ miles of SALTY & FRESH Florida shoreline

With so many places in Florida to explore, we sometimes forget our beaches, lakes & rivers are natural places that change with the seasons. Enjoy Florida's wild & not-so-wild areas:

Know when to swim it, shore it or dodge it.

swim it

With a buddy.
When safety flags & signs say thumbs-up!

shore it

If you have a cut on your skin, your immune system is weak, or you don't have a buddy with you.

dodge it

Stay clear of living things near the shoreline & in the water like mosquitoes & algae blooms.



Learn more: FloridaHealth.gov