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FLORIDA DEPARTMENT OF HEALTH IN BREVARD COUNTY CELEBRATES HEALTHY WEIGHT COMMUNITY CHAMPIONS



Contact:

Anita Stremmel
Anita.Stremmel@flhealth.gov
321-639-5815

Brevard County - Two Brevard County municipalities have been named Healthy Weight Community Champions by the Florida Department of Health (DOH). City of Palm Bay and the Town of Indialantic have earned the 2016 designation.

"Between October and December 2015, local governments were invited to submit best practices and policies they have implemented in their jurisdictions related to health and wellness," said Florida Department of Health in Brevard County health educator, Sophia Tomadakis. "The work highlighted on the applications demonstrates local government commitment to making Florida the healthiest state in the nation.

The City of Palm Bay officially received recognition March 9 when Sophia Tomadakis, Florida Department of Health in Brevard County health educator, presented the Healthy Weight Community Champion recognition to Palm Bay Mayor William Capote.

"Palm Bay is proud to achieve the Healthy Weight Community Champion Recognition for the first time," said Lori Parker. "We are excited to continue reshaping environments, moving our City and the State forward by increasing the opportunities for our residents to become more active and to increase the access to resources that will make it easier to make healthier choices and improve nutrition."

The Town of Indialantic was recognized at the March 9 town council meeting where Tomadakis presented the Healthy Weight Community Champion recognition to Indialantic Mayor Dave Berman.

"The Town of Indialantic is very happy to be a 2016 Healthy Weight Community Champion in Florida," said Mayor Dave Berkman. "We look forward to spreading the healthy message to our residents and getting them engaged."

The Community Champions program is part of the department's Healthiest Weight Florida initiative. Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not-for-profit organizations, businesses and entire communities to help Florida's children and adults make consistent, informed choices about healthy eating and active living.

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