Clean-up and Disinfection for Norovirus (“Stomach Bug”)

THESE DIRECTIONS SHOULD BE USED TO RESPOND TO ANY VOMITING OR DIARRHEA ACCIDENT

Note: Anything that has been in contact with vomit and diarrhea should be discarded or disinfected.

1 Clean up
   a. Remove vomit or diarrhea right away!
      • Wearing protective clothing, such as disposable gloves, apron and/or mask, wipe up vomit or diarrhea with paper towels
      • Use kitty litter, baking soda or other absorbent material on carpets and upholstery to absorb liquid; do not vacuum material; pick up using paper towels
      • Dispose of paper towel/waste in a plastic trash bag or biohazard bag
   b. Use soapy water to wash surfaces that contacted vomit or diarrhea and all nearby high-touch surfaces, such as door knobs and toilet handles
   c. Rinse thoroughly with plain water
   d. Wipe dry with paper towels

DON'T STOP HERE: GERMS CAN REMAIN ON SURFACES EVEN AFTER CLEANING!

2 Disinfect surfaces by applying a chlorine bleach solution
   Steam cleaning may be preferable for carpets and upholstery. Chlorine bleach could permanently stain these.
   a. Prepare a chlorine bleach solution
      Make bleach solutions fresh daily; keep out of reach of children; never mix bleach solution with other cleaners
      
      **IF HARD SURFACES ARE AFFECTED…**
      e.g., non-porous surfaces, vinyl, ceramic tile, sealed counter-tops, sinks, toilets
      
      \[
      \frac{1}{3} \text{ CUP BLEACH} + 1 \text{ GALLON WATER} \\
      \text{CONCENTRATION ~} 1000 \text{ ppm}
      \]

      **IF POROUS SURFACES ARE AFFECTED…**
      e.g., wooden floors or unsealed concrete or natural stone surfaces
      
      \[
      \frac{2}{3} \text{ CUPS BLEACH} + 1 \text{ GALLON WATER} \\
      \text{CONCENTRATION ~} 5000 \text{ ppm}
      \]

   b. Air dry surfaces unlikely to have food or mouth contact or...
   c. Rinse all surfaces intended for food or mouth contact with plain water before use

3 Wash your hands thoroughly with soap and water
   Hand sanitizers may not be effective against norovirus

disinfect-for-health.org

Scientific experts from the U.S. Centers for Disease Control and Prevention (CDC) helped to develop this poster.
For more information on norovirus prevention, please see http://www.cdc.gov/norovirus/preventing-infection.html.